

# Dysentery

An infection of intestine resulting in severe diarrhea with the presence of blood and mucus in the feces.

## **Cause:**

Infection (bacteria, virus, parasites and protozoa are involved).

Gastro-enteritis.

Intestinal cancer

Decrease platelet count.

## **S/S:**

### **Bacillary dysentery/mild dysentery:**

Mild stomach pain

Frequent passage of stool and diarrhea

Symptoms no longer present more than a week

Temporary lactose intolerance

Fever, shock and delirium may occur.

### **Amoebic dysentery/ extreme case:**

Passage of one liter of fluid per hour through diarrhea.

Nausea

Abdominal pain

Frequent watery and foul smelling diarrhea

Diarrhea accompanied by mucus and blood

Rectal pain and fever

Rapid weight loss

Vomiting

Muscle ache

## **Diagnosis:**

Physical examination: mouth, skin and lips are dry due to dehydration

Culture of stool samples

Blood test (to measure the level of minerals and salts).

## **General treatment:**

ORS

Nutritious, low fibrous diet

Rest.

## **Homeopathic treatment:**

### **Sulphur:**

Used as an intercurrent remedy in 200 potency.

Personality: adapted to lean thin patients, with stooped shoulders; they walk and sit stooped.

The persons who are dirty, filthy and prone to skin affections, aversion to being washed. Active and quick tempered.

Standing is the most uncomfortable position.

Weak, empty gone feeling and pain in stomach at about 11 am. Symptoms are caused by suppression of skin eruptions. Severe burning especially in soles and palms at night, wants to cool them so put them out of bed.

Diarrhea caused by suppression of skin diseases and alcoholism. Involuntary and painless diarrhea, stool contains undigested particles of food; is whitish, greenish, very offensive and acrid.

Diarrhea in morning at about 5-6 am when it awakens the patient, driving him out of bed in great haste. Children may contain undigested food in stool.

Diarrhea alternate with constipation. Blood dysentery with burning in anus.

**Merc-corr:** (head remedy for dysentery)

Tenesmus of rectum and bladder at the same time, not ameliorated by passing stool or urine.

Stool is hot, scanty, bloody, slimy and offensive. Sweats after stool and urine. In dysentery there is much violence, copious bleeding and great anxiety. Dysentery from May to November.

**Thuja:**

Sensation as if something above in abdomen, as if limbs were made of glass and would break.

Bad effects of vaccination, after taking tea, coffee and fatty foods. Chronic diarrhea worse after breakfast, forcefully expelled with a gurgling sound as if pouring of water from an air-tight vessel. Anal fissures, painful to touch with warts. Aggravation from 3 am to 3pm.

An excellent remedy for amoebic dysentery when Sulphur and other indicated remedies fail.

**Colocynthis:**

A left sided medicine except sciatica which is on right side. All symptoms are worse from 4-9 pm. Pains appear suddenly and also vanish suddenly. Colic caused by anger, exposure to cold and suppression of menses. Colic before stool. Colic is very terrible, compelling the patient to bend double. Abdomen is very sensitive to touch. Pain relieved by bending double, pressure and warmth.

**Colchicum:**

Ailments from grief and misdeed of others.

It is adapted to rheumatic and gouty diathesis; persons of vigorous constitution and to disease of old people. Autumn dysentery with discharges of mucus and violent tenesmes. Bloody stool mixed with slimy substances.

**Streptococcus:**

For bloody dysentery of bacillary type with excessive bleeding and high rise of temperature with toxæmia.

**Terebinthina:**

Enterocolitis with bleeding and ulceration of bowel.

**Crotalus horridus:**

Dysentery of septic origin, excessive flow of dark fluid, bloody and involuntary evacuation. Great debility and faintness. Urine scanty, dark red with blood.

Great loquacity. Coldness in stomach and abdomen as from the piece of ice. During hemorrhage patient want fanning.

**Leptandra:**

Stool black, thick, tar like and fetid. Bloody mucus in stool. Sensation as if something is passing out through rectum.

**Nux-vomica:**

People who are thin, nervous and extremely susceptible to external impressions. They are dark haired, debauched and lead a sedentary lifestyle. Extremely chilly patient, sensitive to cold air.

Symptoms are caused by overeating, lack of physical activity, excessive use of stimulants (coffee, tea, and alcohol), sexual excess and stress and strain of modern life.

Patient has hunger with aversion to food due to indigestion. Alternate diarrhea and constipation after abuse of purgatives or laxatives throughout their lives. Watery and offensive stool, passes little quantity at a time with temporary satisfaction. Marked relief in pain and tenesmus for a short time after stool. The stool frequently consist of mucus and blood.

**Rhododendrone:**

Dysentery appearing before or during thunder storm or cold, wet weather.

## **Anal fissures**

A small tear or crack in the lining of anus. It may occur when passing large and hard stool, straining during childbirth or experiencing excessive diarrhea.

**Cause:**

Trauma

Hard stool

Childbirth

Anal sex

Heavy diarrhea

Chronic constipation

After surgery.

**S/S:**

Sharp pain and bleeding during and after bowel movement.

Itching and burning in anal region.

Difficulty in passing stool.

**Diagnosis:**

Colonoscopy

Rectal examination

**General treatment:**

Soft diet  
Rest.

## **Homeopathic treatment:**

### **Graphites:**

Best suited to women especially stout, fair, fat and flabby, at climacteric age having habitual constipation with a history of delayed menstruation. Person who are prone to skin affections. Watery, sticky, honey like fluid discharges. Patient hears better when in noise, when riding a carriage. Anal fissures, bleeding with dry skin, inclined to crack. Skin complaints alternate with digestive complaints. Great desire for hot milk as it relieves gastric complaints and constipation. Great soreness and aching of anus after passing stool.

### **Sanguinaria:**

Gastric origin of headache; symptom ascends from stomach to head, ending in bilious vomiting. Irritation, itching and burning in rectum.

### **Paeonia:**

Fissures with much oozing. The anus is offensively moist and sour, smarts all the time. Burning and biting lasts several hours after passing stool. Patient must walk all the night.

### **Silicea:**

Ailments from suppressed foot sweat, which is offensive. Hair like sensation on tongue. Persons having a lean and thin body, sickly appearance and dry skin. Irritable sphincter and slipping back of partially expelled stool. Great pain after half an hour of passing stool and lasting several hours. Every little injury suppurates.

### **Nitric acid:**

Affections of muco-cutaneous junctions. Splinter like pain of affected parts. Symptoms ameliorated while riding in a carriage. Corrosiveness and offensiveness of all the discharges. Ulcers bleed easily from slightest touch. Lean, thin and debilitated persons with rigid fibers, black hair, eyes and dark complexion. Broken down, debilitated anemic and emaciated persons with ugly looks.

Moist fissures of anus. Diarrhea when stools are putrid, offensive and green in color. Ineffectual urging to pass the stool. Sensation as if sticks are in anus while passing the stool.

### **Alumina:**

Anal fissures with constipation. Constipation due to dryness of intestinal tract and non-peristaltic action of intestine. Much straining for passing stool, even soft stool is expelled with great difficulty. There is no urging for stool. This remedy is very useful in constipation of small children. Rectum feels sore and painful after passing stool. Diarrhea while urination.

### **Platina:**

Female of dark hair, dark complexion, having rigid muscular fibres, who suffer from too early and too profuse menses. Superiority complex. Hysterical patient; one moment excessively happy and other moment sad and gloomy.

Unnatural increase in sexual desire. Masturbation before puberty.

Constipation while travelling, frequent, unsuccessful urging; stool adhere to rectum anus like soft clay. Protrusion of hemorrhoids during stool, with burning pain in rectum during stool. Anal fissure with sensation of crawling and itching every evening.

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**Berberis vulgaris:**

Left sided remedy. Anal fistula alternates with chest symptoms. It is a good remedy for urinary complaints. Internal, blind fistula with thick yellow discharge of pus and burning sensation at anus.

**Lachesis:**

It is suited to emaciated and thin persons, broken down constitution, during climacteric age, melancholic, fleshy women with a blue and purple look. Symptoms are caused by bad effects of poison, fright, jealousy, disappointed love, long lasting grief, suppressed menses and loss of vital fluids. Patient is very suspicious, revengeful and jealous and also very loquacious.

Constriction of sphincter ani, inactivity of bowels, no urge to pass the stool. Hammering pains in anus while passing stool. All symptoms are aggravated during and after sleep.